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## Dancing with left feet

# Fearful of complicated dance moves? A Destin expert's new DVD may be the answer to your rhythmically challenged prayers

By **KARI C. BARLOW** Daily News Business Editor

DESTIN — Admit it. You' watched "Dancing With the Stars" and wondered what it would be like to have those golden moves.

To glide gracefully in beat with whatever the band plays. To confidently lead or follow your partner from country to waltz to swing to disco.

Now you can do just that with the help of Destin dance aficionado Chuck Reed.

Reed, whose day job is designing sound systems for churches, universities and other auditoriums, has released a three-disc DVD called "How to Dance with Two Left Feet: A Comprehensive Guide To Real World Dancing." "I wanted a way to let people learn the fun of dancing," Reed says. "I started working on this so I could dance with anybody." Although he's danced competitively and for fun since high school, Reed has often had trouble finding partners in social settings. Too often, he says, amateurs are intimidated by the complicated patterns and steps taught by many dance studios.

"Half the battle is getting them out on the dance floor," he says. "You're dealing with a lot of people's fear and apprehension."

In his DVD, Reed shakes up everything and introduces what he calls the "PortStar" method in which dancers move both the left and right sides of their bodies to the music.

"I rewrote the book on learning how to dance," he says. "What I'm doing is showing you how to use the music and let it guide you. The whole point is you're not learning structure; you're learning freedom."

Reed and his girlfriend, Shari Wierwille, demonstrate each lesson to original music written and performed by local musician Donnie Sundall.

The video is funny and at times a little tongue-in-cheek. He covers basics such as leading with small but firm touches, the importance of following, finding the right beat and how to condense your movements when on a crowded dance floor.

The result, he promises, will be a more relaxed and "real world" view of dancing with a partner.

Reed says his PortStar method allows dancers to feel the rhythm of the music and express themselves in a way that formal training does not.

"It's more natural and you can let your inner John Travolta come out," he says. "You can dance to any kind of music, whether it's beach or country or Zydeco or rock or pop."

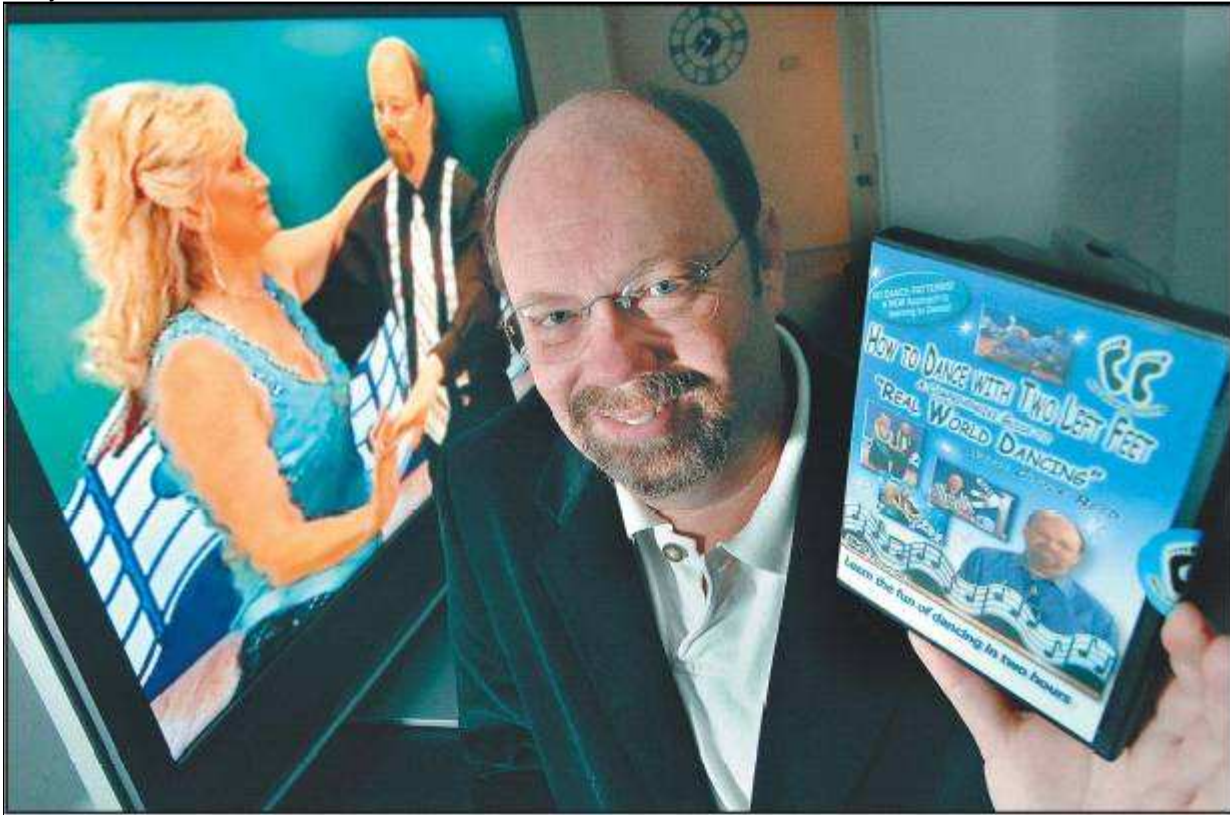
Reed's DVD is selling well on Amazon.com and a few other sites, but he's quick to point out that he was never in it for the money.

“Mainly it was the love of dancing. It was a dream,” he says, adding that he has invested a great deal of time and money into the project. “Let’s just say I’ve put a Cadillac Escalade into it.”

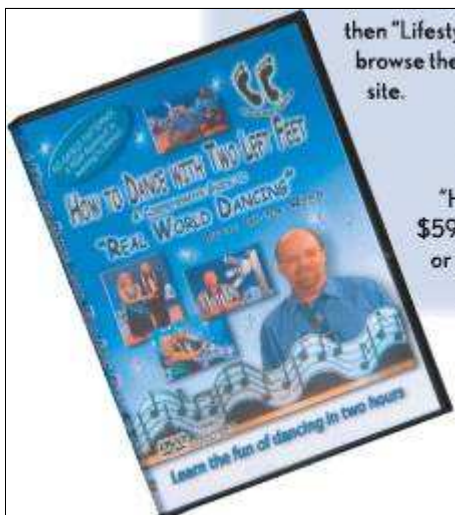
Reed says his biggest hope is that people who like to dance will realize they don’t have to be studiotrained to get out on the dance floor and have fun.

“Dancing is not supposed to be about work,” he says. “It’s the most natural, fundamental thing we do. It’s our heartbeat.”

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DEVON RAVINE | Daily News Destin resident Chuck Reed recently released his instructional dance video “How To Dance With Two Left Feet.” Subtitled “Real World Dancing,” Reed’s video combines comedy with practical dance instruction designed to take the fear out of dancing.



### **WANNA DANCE?**

For more information about Chuck Reed's DVD, "How To Dance With Two Left Feet: A Comprehensive Guide To Real World Dancing," go to [realworld-dancing.com](http://realworld-dancing.com).

To see a video, browse [nwfdailynews.com](http://nwfdailynews.com). Click on "Features," then "Lifestyle" and look for the link in the story. Or you can browse the "Local Videos" gallery on the front page of the Web site.

### **WANNA BUY THE DVD?**

"How to Dance with Two Left Feet" is available for \$59.95 at Chuck Reed's Web site ([realworldddancing.com](http://realworldddancing.com)) or at Amazon.

